

# TOWN OF STUYVESANT



## KEN HUMMEL MEMORIAL 5K RUN/WALK & DUATHLON Saturday, August 10, 2019 - Historic Stuyvesant Day *To benefit Ken Hummel Memorial Scholarship @ ICC*

**Where:** Registration, Start, Finish, & Duathlon transition @ the Town Hall (5 Sunset Dr., Stuyvesant 12173)

**Time:** Registration/Check In @ 7:30AM; Kids' Run Starts at 8:30; 5K Run/Walk & Duathlon Starts @ 9AM

*Chip timing and announcements by ARE Event Productions.*

**5K Course:** Flat & Fast through the scenic countryside of Historic Stuyvesant.

**Duathlon Course:** Same 5K for beginning run and ending run. 15 Mile Bike route is good for beginners and experienced riders alike. *A map of the ride course is available upon request.*

**Age Categories:** Kids' Run - Under 6; 6, 7, 8, 9, 10, 11, 12 year olds  
5K Run & Duathlon: (Men & Women) 13-19; 20-29; 30-39; 40-49; 50-59; 60-69; 70+  
5K Walk: No age divisions (*Top 3 finishers will receive awards*)  
*Awards to top 3 in each age group for runs; Overall Male/Female in each run also*

**To All Entrants:** The first 100 paid registrants (adults & kids) will receive a logo race shirt.  
Refreshments will be provided for all participants.

**Prices:**

Pre Registration	\$20.00
Day of Registration:	\$25.00
Duathlon:	\$50.00
Kids' Chicken Run: Always \$5.00	

### REGISTRATION FORM

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

DOB: \_\_\_\_\_ Age on Race Day: \_\_\_\_\_ Sex: M / F

Race: 5K Run    5K Walk    Duathlon    1 Mi Chicken Run (kids 12 & under)

Shirt Size:    Child: s / m / l    Adults: s / m / l / xl    Fee Paid: \_\_\_\_\_

Signature of Participant \_\_\_\_\_ Date: \_\_\_\_\_

Parent or Guardian if under 18

*Waiver of Liability and return instructions are on the back of registration form.*

Please complete the registration form and return to the “Ken Hummel Memorial Races, c/o Stuyvesant Town Clerk Melissa Naegeli, 5 Sunset Drive, Stuyvesant, NY 12173 **OR** drop off at the Town Clerk’s Office at Town Hall. You may also bring it with you on the day of the race. Please make checks payable to the Town of Stuyvesant”. Additional forms may be downloaded from [stuyvesantny.us](http://stuyvesantny.us)  
Email questions or comments to [TownClerk@stuyvesantny.us](mailto:TownClerk@stuyvesantny.us)

***Waiver:*** *In consideration of your accepting this entry, I, intending to be legally bound, do hereby for myself and heirs, executors, administrators waive and release any and all rights and claims or damages I may accrue against the persons and organizations affiliated with the race for any and all injuries that may be suffered by me or enroute to or from the event. I attest that I am physically fit and sufficiently trained for this competition and have discussed this with my physician. As part of this waiver and registration, I acknowledge that I have read and understand all of the above.*