## TOWN OF STUYVESANT



## KEN HUMMEL MEMORIAL 5K RUN/WALK Saturday, August 9, 2014 – Historic Stuyvesant Day Raising money for the Committees for Historic Stuyvesant Day & Youth Programs

*Where*: Registration, Start & Finish @ the Town Hall (5 Sunset Dr., Stuyvesant 12173) *Time*: Registration/Check In @ 8AM; Kids' Run Starts at 8:30; 5K Run/Walk Starts @ 9AM

*5K Course*: Flat & Fast through the scenic countryside of Historic Stuyvesant. Chip timing and announcements by Albany Runner's Exchange Productions.

Age Categories: Kids' Run - Under 6; 6, 7, 8, 9, 10, 11, 12 year olds 5K Run: (Men & Women) 13-19; 20-29; 30-39; 40-49; 50-59; 60-69; 70+ 5K Walk: No age divisions Awards to top 3 in each age group for runs; top 3 overall for walk; Overall Male/Female in each run also

*To All Entrants.* The first 150 paid registrants (adults & kids) will receive a logo race shirt. Refreshments will be provided by for all participants.

Important Dates.	Early Bird Registration: Pre Reg Day of Registration:	<i>postmarked by August 1</i> (Aug 2 - Aug 8)	\$15.00 \$20.00 \$25.00	
Kids' Chicken Run: \$5.00				
<u>REGISTRATION FORM</u>				
Name:				
Addresss:				
DOB:		Age on Race Day:	Sex: M / F	
Shirt Size	: Child: $s/m/l$	Adults: $s / m / l / xl$		
Race:	5K Run 5K W	Valk 1 Mile Chicken I	Run	

**Waiver:** In consideration of your accepting this entry, **I**, intending to be legally bound, do hereby for myself and heirs, executors, administrators waive and release any and all rights and claims or damages I may accrue against the persons and organizations affiliated with the race for any and all injuries that may be suffered by me or enroute to or from the event. I attest that I am physically fit and sufficiently trained for this competition and have discussed this with my physician. As part of this waiver, I acknowledge that I have read and understand all of the above.

## Signature of Participant\_\_

Date:\_\_\_\_\_

## Parent or Guardian if under 18

Please complete the registration form and return to the "Ken Hummel Memorial 5K Run/Walk, c/o Stuyvesant Town Clerk Melissa Naegeli, PO Box 250, Stuyvesant, NY 12173 **OR** drop off at the Town Clerk's Office at Town Hall. You may also bring it with you on the day of the race. Please make checks payable to the own of Stuyvesant" Additional forms may be downloaded from *stuyvesantny.us* Email questions or comments to *TownClerk@stuyvesantny.us*